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NATIONAL SERVICE SCHEME



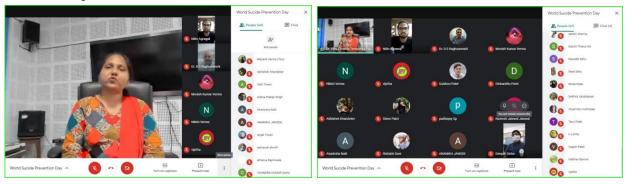
2020-21

WORLD SUICIDE PREVENTION DAY

(Webinar with Dr. Heena Chawda)

Date: 10/09/2020 Platform: Google Meet

On the occasion of World Suicide Prevention Day, the NSS Unit of SSGI (Bhilai) conducted a webinar to address the issues relating to Suicide and depression especially among the young generation of today. The guest speaker for the webinar was Dr. Heena Chawda (Value Education and Psychological Counselor) from NIT Raipur.



She vividly described the mental issues which students go through and also talked about the symptoms, causes and the ways through which one can slowly get out of depression and suicidal thoughts. Many students from other institutions also joined and enjoyed participating in the event. In the end, students and volunteers also got the opportunity to interact and ask questions with the guest speaker.

